

organised by Great Linford Parish Council

Summer 2018 of Fun

Something to do
Every Day!



*Great Locality
Proud Community*



Great Linford Parish Council
see our website... www.great-linford.gov.uk



summer of fun events activities

activities will be held at different schools each week, except special activities **SA** – see activities timetable for details

WEEK 1

WEEK BEGINNING MONDAY 23 JULY

Great Linford Primary School
St Leger Drive, Great Linford MK14 5BL

WEEK 2

WEEK BEGINNING MONDAY 30 JULY

St Monica's Catholic Primary School
Currier Drive, Neath Hill, MK14 6HB

WEEK 3

WEEK BEGINNING MONDAY 6 AUGUST

Great Linford Primary School
St Leger Drive, Great Linford MK14 5BL

WEEK 4

WEEK BEGINNING MONDAY 13 AUGUST

St Monica's Primary School
Currier Drive, Neath Hill, MK14 6HB

WEEK 5

WEEK BEGINNING MONDAY 20 AUGUST

Great Linford Primary School
St Leger Drive, Great Linford MK14 5BL

MESSY PLAY

All children must be accompanied by an adult at all times.

Hands on with Hannah – finger painting, footprint pictures, experimenting with different objects and textures to make prints. Messy, fun – and best of all, not in your home!

Dress code: the little people will get dirty, clothes to suit.

Monday 9.30am - 10.30am, 23 July, 6 & 20 August only

**3-6
Years**

**NEW
EVENT**

Mon

DRIVING

Kathleen's School of Motoring – in a secure car park learn the basic control of a car and how to reverse park into a parking space. No previous driving experience necessary!

Dress code: comfortable clothes, trainers/shoes. No flip-flops or backless shoes

Location: Marsh Drive Sports Ground, MK14 5HH

Mondays 10am - 12pm

Cost: £5 per hour session

**14-17
Years**

Mon

SA

NINJA WARRIOR TRAINING

**7+
Years**

Mon

Paramount Parkour

Academy's very own Ninja from ITV's Ninja Warrior fame will teach you how to be a Ninja Warrior (in a safe environment)! Learn to run on walls, vault over obstacles and do flips in this highly energetic but fun class.

Dress code: loose clothing – clean trainers or soft-soled shoes. Bring a drink.

Mondays 9am - 11am

COOKERY

**6-14
Years**

Mon

Smart Raspberry

brings you fun cooking sessions, where you can make exciting healthy recipes. Instilling students with an understanding of nutrition and basic skills, but most importantly fostering an ongoing curiosity about the food they eat.

Dress code: comfortable clothing.

Mondays 11.00am - 12.00pm

Cost: £5 per 1 hour session

CREATIVE ARTS

**8-11
Years**

**NEW
EVENT**

Mon

Anastasia brings you Unique Creative Arts – a different session each week, involving still life drawing, hot crayon pictures, decorating bird boxes, card making or quilling. An exciting opportunity to work with a fine arts artist!

Dress code: comfortable clothes, they could get messy.

Mondays 1pm - 3pm

JUGGLING & CIRCUS SKILLS

**6+
Years**

Mon

The Great Gappo

– “Roll up, Roll up!!! Come join the Circus! The Great Gappo will bring you laughter and fun as you learn circus skills; from plate spinning to juggling, diabolos, hula hoops, Fun Wheels and much, much more.

Dress code: loose clothing – trainers or soft-soled shoes.

*Mondays 1.15pm - 3.15pm
not 6th August*

YOGA HEALING

**16+
Years**

**NEW
EVENT**

Mon

SA

Trevor Heale is a qualified instructor in Patanjali Yoga which involves gentle stretches (Asana), breathing exercises (Pranayama) and a short meditation. There is no floorwork. This is a fun introduction to Yoga in a healing class – be prepared to laugh.

Dress code: casual and comfortable.

Location: High Street Pavilion, Great Linford MK14 5AX

Mondays 6pm - 7.30pm

Purchase Tickets at the Parish Office:

PARISH RESIDENTS

from Monday 9 July

NON-PARISH RESIDENTS

from Monday 16 July

Entry by ticket only*

*unless otherwise stated

Purchase tickets from the Parish Office;

Mondays & Tuesdays, Thursdays & Fridays.....9am - 4pm
Wednesdays.....9am - 12pm
Wednesday 11 July.....6pm - 8pm
Wednesday 18 July.....6pm - 8pm

Great Linford House,
1 St Leger Court,
Great Linford
MK14 5HA

BIKEABILITY

Bikeability – real cycling experience on local estate roads, learn skills and gain confidence to deal with traffic on short local journeys. Trainees should be able to ride and have access to a bicycle.

Dress code: clothes suitable for cycling in, waterproof coat. Trainers. Cycling helmet. Optional – gloves, elbow/knee pads.

Tuesdays, Wednesdays & Thursdays 9am - 12pm

Trainees must complete all three consecutive days to obtain Level 2 qualification. The course will only take place if all the spaces are filled.

Cost: £10 per 3 day course

9-12
Years

3 days
Tue-Thur

SURVIVAL SKILLS & LASER TAG

Special Ops Sgt Mack – MK's very own Bear Grylls teaches survival skills in the morning and laser tag in the afternoon. Sgt Mack fills the day with educational fun and games.

Dress code: outdoor activity clothes (they may get dirty) to suit the weather, trainers or sturdy shoes. Bring a drink & packed lunch.

Tuesdays 9.30am - 3.30pm not 31st July

Cost: £10 per 6 hour session

8-14
Years

Tues

CLAY MODELLING

Andrew Macdermott brings a series of fun and social family pottery workshops, learn a new skill and meet new people. Minimum two sessions required for full participation. Parents must accompany children at all times.

Dress code: old clothes, they will get clay on them.

Tuesdays 9.30am - 11.30am not 7th August

5+
Years

Tues

MUSICAL THEATRE

CentreStage Theatre School MK – Ever wanted to try out Musical Theatre? Why not give Performing Arts classes a go. Specially designed for 6-10 year olds that love to sing, dance and act. Classes taught by ex-West End performer. Bring a drink.

Dress code: wear something comfy that you can dance in. No sandals or flip flops!

Tuesday 2pm - 4pm (two sessions will be run by Premier Sport)

6-10
Years

NEW
EVENT

Tues

ADVANCE BOOKING REQUIRED FOR ALL ACTIVITIES UNLESS OTHERWISE STATED

MILTON KEYNES PLAY ASSOCIATION

All sessions are open-access, children remain the responsibility of parents at all times.

MKPA – get messy, wet sponge throwing at homemade targets, foot & handprint artwork, crafts. Back to old fashioned play – use your imagination to build something from what's around you. Go WILD! Do not expect the usual MKPA session.

Dress code: outdoor activity clothing to suit the weather with shoes for running around in. Arts & crafts activities will involve paint and other messy materials.

Tuesdays 2pm - 4pm not 31st July

Tuesday 31st July – MKPA Play Festival - 10am - 4pm at Marsh Drive, Great Linford

FREE! No booking required.

Family
event

FREE

Tues

DR BIKE

Cycle Saviours will be providing on-site checks on cycles, carrying out minor repairs and adjustments, for parents and children who bring their cycles along on the day. Recommendations on necessary additional work will also be given.

Dress code: old clothes, bikes get messy!

Tuesdays 2pm - 4pm

Tuesday 31st July – MKPA Play Festival – 2pm - 4pm at Marsh Drive, Great Linford

FREE! No booking required.

Family
event

FREE

Tues

TENNIS

GetCoaching MK at Great Linford Tennis Club bring you tennis taster sessions with lots of games and physical activity. Could you be the next Serena Williams or Roger Federer?

Dress code: clothes to run around in. MUST wear trainers. Bring a drink.

Location: Marsh Drive Sports Ground, MK14 5HH

Tuesdays 2.15pm - 3.45pm - 8 - 10yrs.

Thursdays 2.15pm - 3.15pm - 4 - 7yrs

4-10
Years

Tues &
Thurs

SA

SEGWAY

Events Incorporated fully qualified instructor - Segway experience – tricky to master, fun to use. You must be over 7st, 134cm and 12 years old to ride on a Segway.

Dress Code: trainers, comfortable clothing (nothing flowing).

Cost: £3.60 per 30 minute group session.

Wednesday 22nd August 9.30am - 5.30pm

12+
Years

NEW
EVENT

Weds

DISCOVERING NATURE!

All children must be accompanied by a responsible adult.

Exploring the nature reserve including: pond dipping, grasshopper hunting and making a place for wildlife.

Various activities, plus time for lunch (bring a picnic but homemade cakes & refreshments on sale too).

Dress code: clothes suitable for the weather and messy play.

Location: Linford Lakes Nature Reserve, MK9 4AD

Wednesday 10.30am - 2pm 26th July only

Family
event

NEW
EVENT

Weds

SA

IRISH DANCING

Taster sessions for beginners, any child under 6 must be accompanied by an adult (join in!).

You don't have to be Irish and it's not just for girls. Anyone who has an interest in dance, enjoys rhythm and movement, and likes to have fun can do it. It's distinctive and artistic, requiring athleticism and flexibility.

Dress code: trainers, something comfy you can dance in. Bring a drink.

Wednesday 22nd August 10am - 10.45am - 2 - 5yrs, 11am - 12pm - 6 - 10yrs

12+
Years

NEW
EVENT

Weds

COWBOY SKILLS

Mark Bond – Howdy partner! No-one will be calling ya'll a greenhorn after these roping, whip cracking and cowboy skills sessions, so pony up and mosey on down for Wild West fun.

Dress code: outdoor activity clothes. Safety equipment provided.

Wednesday 25th July, 1st, 8th & 15th August and Friday 24th August, 10am - 2pm

10+
Years

NEW
EVENT

Weds &
Fri

ARCHERY

Mark Bond - Fancy yourself as the next Robin Hood? Well, make a start with these sessions and you could be propelling an arrow towards a target with unerring accuracy. Archery doesn't require a lot of mobility making it accessible to a huge range of people. Lookout for the cowboys with their new skills, you can't shoot an arrow with your arms lassoed to your side!

Dress code: outdoor activity clothes. Safety equipment provided.

Wednesday 25th July, 1st, 8th & 15th August and Friday 24th August, 1pm - 2.30pm

10+ Years
Weds & Fri

AXE THROWING

Mark Bond – a fully trained instructor in this ancient sport will teach you to safely throw axes at a target, as lumberjacks do in competitions across the Globe. This sport is trending across the World, fun and safe, give it a throw!

Dress code: outdoor activity clothes. Safety equipment provided.

Wednesday 25th July, 1st, 8th & 15th August and Friday 24th August, 2.30pm - 4pm

10+ Years
NEW EVENT
Weds & Fri

RUNNING

Redway Runners – a fun introduction to running. Suitable for anyone thinking about taking up running but who hasn't yet taken the plunge. Depending on weather conditions you may want to bring a drink.

Dress code: comfortable sportswear, trainers.

Wednesdays 6pm - 7pm

FREE! Booking required.

16+ Years
FREE
Weds

SELF DEFENCE

Kombat Principle – learn the fundamental principles of armed and unarmed combat. A realistic self-protection syllabus that covers techniques from Thai Kick Boxing, Filipino Kali Stick fighting, weapon management and situation management. Learn new and exciting skills which will aid confidence and personal safety in an increasingly challenging environment.

Dress code: comfortable sportswear.

Location: Wednesday 1st & 15th August only – GLPC Office, Great Linford MK14 5HA
Wednesdays 6pm - 7.30pm

Family event
Weds
SA

WATER FUN DAY

Special Ops – water slides, tug-o-kayak, super soakers (bring your own if you have one), fun & games. Water - you won't be able to get away from it! Bring a drink and a snack.

Dress code: clothes you don't mind getting wet. Bring a towel and change of clothing for the end of the session.

Thursdays 9.30am - 12.30pm & 1pm - 4pm, not 2 August

8-16 Years
NEW EVENT
Thurs

ROLLER SKATING

Jet Roller Skating – roller disco with DJ, lights and games. Great exercise and fun for the whole family.

Dress code: comfortable clothes, helmet optional. Wrist guards and roller skates included (skate size required in advance) or bring your own.

Thursdays 10am - 11.30am
not 26th July

Family event
Thurs

UKULELE

Ukulele – for beginners. It's quick and easy to learn, you'll be strumming away in no time. No experience required, no music talent asked for, no music reading skills requested. Just you and your fingers. Ukuleles provided – or bring your own.

Improvers - participants MUST have their own ukuleles and be able to play chords in the keys of C & D.

Dress code: casual, comfortable clothing.

Thursdays 1pm - 2pm – Beginners
6pm - 7.30pm – Improvers
(location GLPC office)

8+ Years
Thurs

SEWING

Jackie Spalding brings her creative skills to teach you how to sew. Materials and ideas supplied.

Dress code: whatever you like!

Thursdays 1pm - 3pm

8+ Years
Thurs

DODGEBALL

Premier Sport – fast moving game that keeps you on your toes, dodging balls, catching balls, chasing balls, you can't stand still! A sport for the energetic, that encourages teamwork and develops skills. Bring a drink.

Dress code: sports clothes, trainers.

Thursdays 2.15pm - 3.15pm

8-12 Years
Thurs

ROCK-IT BALL

Premier Sport – also known as VX, this is one of the fastest growing sports nationwide. It's fast, furious and honourable! A mix of different sports including lacrosse, dodgeball and hockey.

Dress code: sports clothes, trainers.

Thursdays 3.15pm - 4.15pm

8-12 Years
NEW EVENT
Thurs

MOTORCYCLE RIDING

90-One Rider Education – no scooter or motorcycle riding experience necessary to try riding without any pressures, in a relaxed, enjoyable atmosphere, in a safe, off-highway environment. This basic introduction to riding will give you a taste of what motorcycle or scooter riding is all about.

Dress code: trainers or closed-toe shoes, long trousers. Helmets, gloves and bike supplied.

Location: Marsh Drive Sports Ground, MK14 5HH

Fridays 10am - 12pm

Cost: £5 per hour session

14-17 Years
Fri
SA

FENCING

Premier Sport – develop good co-ordination, balance and flexibility whilst learning the skills of attacking and defending.

Dress code: comfortable clothes, long sleeved top.

Fridays 10am - 11am

5-10 Years
Fri

ARCHERY

Premier Sport introduce you to the basics of archery, a precision sport firing arrows at targets. Equipment provided.

Dress code: comfortable clothes, long sleeved top.

Fridays 11am - 12pm

5-10 Years
Fri

SCIENCE

James Boffin, Secret Science Agent UU7 – these sessions of mind-blowing science are top secret, but be prepared to be entertained, educated and amused. Audience participation essential, explosions a must!

Dress code: casual, comfortable clothing.

Fridays 12.30pm - 4.30pm

3-100+ Years
Fri

THE SMALL PRINT... Guardians will need to provide contact details and sign a disclaimer for each child taking part in any paid activity. For some events small children must be accompanied by an adult. All instructors and staff at events are fully insured and CRB checked. First Aid trained staff are on-hand at every event.

activities timetable

WEEK 1 GREAT LINFORD PRIMARY SCHOOL

MONDAY 23 JULY

Ninja Warrior Training	9.00-11.00
Messy Play	9.30-10.30
Cookery	11.00-12.00
Creative Arts	1.00-3.00
Juggling & Circus Skills	2.00-4.00

TUESDAY 24 JULY

Clay Modelling	9.30-11.30
Survival Skills/Laser Tag	9.30-3.30
Musical Theatre	2.00-4.00
MKPA	2.00-4.00
Dr Bike	2.00-4.00
TVP Bike Marking	2.00-4.00

WEDNESDAY 25 JULY

Cowboy Skills	10.00-12.00
Archery	1.00-2.30
Axe Throwing	2.30-4.00
Self Defence	6.00-7.30
Running	6.00-7.00

THURSDAY 26 JULY

Water Fun	9.30-12.30
Water Fun	1.00-4.00
Ukulele	1.00-2.00
Sewing	1.00-3.00
Dodgeball	2.15-3.15
Rock-it ball	3.15-4.15

FRIDAY 27 JULY

Fencing	10.00-11.00
Archery	11.00-12.00
Science	12.30-3.30

WEEK 2 ST MONICA'S CATHOLIC PRIMARY SCHOOL

MONDAY 30 JULY

Ninja Warrior Training	9.00-11.00
Cookery	11.00-12.00
Creative Arts	1.00-3.00
Juggling & Circus Skills	2.00-4.00

TUESDAY 31 JULY

Bikeability	9.00-12.00
Clay Modelling	9.30-11.30
Musical Theatre	2.00-4.00

WEDNESDAY 1 AUGUST

Cowboy Skills	10.00-12.00
Bikeability	9.00-12.00
Archery	1.00-2.30
Axe Throwing	2.30-4.00
Running	6.00-7.00

THURSDAY 2 AUGUST

Bikeability	9.00-12.00
Rollerskating	10.00-11.30
Ukulele	1.00-2.00
Sewing	1.00-3.00
Dodgeball	2.15-3.15
Rock-it ball	3.15-4.15

FRIDAY 3 AUGUST

Fencing	10.00-11.00
Archery	11.00-12.00
Science	12.30-3.30

WEEK 3 GREAT LINFORD PRIMARY SCHOOL

MONDAY 6 AUGUST

Ninja Warrior Training	9.00-11.00
Messy Play	9.30-10.30
Cookery	11.00-12.00
Creative Arts	1.00-3.00

TUESDAY 7 AUGUST

Bikeability	9.00-12.00
Survival Skills/Laser Tag	9.30-3.30
Musical Theatre	2.00-4.00
MKPA	2.00-4.00
Dr Bike	2.00-4.00
TVP Bike Marking	2.00-4.00

WEDNESDAY 8 AUGUST

Cowboy Skills	10.00-12.00
Bikeability	9.00-12.00
Archery	1.00-2.30
Axe Throwing	2.30-4.00
Self Defence	6.00-7.30
Running	6.00-7.00

THURSDAY 9 AUGUST

Bikeability	9.00-12.00
Water Fun	9.30-12.30
Water Fun	1.00-4.00
Rollerskating	10.00-11.30
Ukulele	1.00-2.00
Sewing	1.00-3.00
Dodgeball	2.15-3.15
Rock-it ball	3.15-4.15

FRIDAY 10 AUGUST

Fencing	10.00-11.00
Archery	11.00-12.00
Science	12.30-3.30

find us on facebook 

What will it cost?

£1.80 per hour or part hour per session each adult or child eg: first hour £1.80, 1-2 hrs £3.60, 2-3 hrs £5.40, etc., unless otherwise stated.

Booking required for all activities except MKPA & Bikeability.

Special Activities: See activity details for locations.

MKPA, Dr Bike & Running: Entry to these events is free.

activities timetable

WEEK 4 ST MONICA'S CATHOLIC PRIMARY SCHOOL

MONDAY 13 AUGUST

Ninja Warrior Training	9.00-11.00
Cookery	11.00-12.00
Creative Arts	1.00-3.00
Juggling & Circus Skills	2.0-4.00

TUESDAY 14 AUGUST

Bikeability	9.00-12.00
Clay Modelling	9.30-11.30
Musical Theatre	2.00-4.00
MKPA	2.00-4.00
Dr Bike	2.00-4.00
TVP Bike Marking	2.00-4.00

WEDNESDAY 15 AUGUST

Cowboy Skills	10.00-12.00
Bikeability	9.00-12.00
Archery	1.00-2.30
Axe Throwing	2.30-4.00
Running	6.00-7.00

THURSDAY 16 AUGUST

Bikeability	9.00-12.00
Rollerskating	10.00-11.30
Ukulele	1.00-2.00
Sewing	1.00-3.00
Dodgeball	2.15-3.15
Rock-it ball	3.15-4.15

FRIDAY 17 AUGUST

Fencing	10.00-11.00
Archery	11.00-12.00
Science	12.30-3.30

Purchase Tickets at the Parish Office:

PARISH RESIDENTS
from Monday 9 July

NON-PARISH RESIDENTS
from Monday 16 July

WEEK 5 GREAT LINFORD PRIMARY SCHOOL

MONDAY 20 AUGUST

Ninja Warrior Training	9.00-11.00
Messy Play	9.30-10.30
Cookery	11.00-12.00
Creative Arts	1.00-3.00
Juggling & Circus Skills	2.00-4.00

TUESDAY 21 AUGUST

Clay Modelling	9.30-11.30
Survival Skills/Laser Tag	9.30-3.30
Musical Theatre	2.00-4.00
MKPA	2.00-4.00
Dr Bike	2.00-4.00
TVP Bike Marking	2.00-4.00

WEDNESDAY 22 AUGUST

Segway	9.30-5.30
Irish Dancing	10.00-10.45
Irish Dancing	11.00-12.00
Self Defence	6.00-7.30
Running	6.00-7.00

THURSDAY 23 AUGUST

Water Fun	9.30-12.30
Water Fun	1.00-4.00
Rollerskating	10.00-11.30
Ukulele	1.00-2.00
Sewing	1.00-3.00
Dodgeball	2.15-3.15
Rock-it ball	3.15-4.15

FRIDAY 24 AUGUST

Cowboy Skills	10.00-12.00
Fencing	10.00-11.00
Archery	11.00-12.00
Science	12.30-3.30
Archery	1.00-2.30
Axe Throwing	2.30-4.00

SA SPECIAL ACTIVIES AT OTHER LOCATIONS

MONDAYS

Driving	10.00-12.00	MD
Yoga Healing	6.00-7.00	HS

TUESDAYS

Tennis	2.15-3.45	MD
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TUESDAY 14 JULY

Survival Skills/Laser Tag	9.30-3.30	GP
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TUESDAY 31 JULY

MKPA Festival of Play	10.00-4.00	MD
Bikeability	2.00-4.00	MD
TVP Bike Marking	2.00-4.00	MD

WEDNESDAY 1 AUGUST

Discovering Nature	10.30-2.00	LL
Self Defence	6.00-7.30	PO

WEDNESDAY 15 AUGUST

Self Defence	6.00-7.30	PO
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THURSDAYS

Tennis	2.15-3.15	MD
Ukelele (Improvers)	6.00-7.30	PO

THURSDAY 16 AUGUST

Water Fun	9.30-12.30	GP
Water Fun	1.00-4.00	GP

FRIDAYS

Motorcycle Riding	10.00-12.00	MD
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KEY TO LOCATIONS

- GP** Great Linford Primary School
St Leger Drive
Great Linford MK14 5BL
- HS** High Street Pavilion
Great Linford MK14 5AX
- LL** Linford Lakes Nature Reserve
Wolverton Road
Great Linford MK14 5AH
- MD** Marsh Drive Sports Ground
Great Linford MK14 5HH
- PO** GLPC Parish Office
Great Linford House, 1 St Leger Court, Great Linford MK14 5HA



www.great-linford.gov.uk

Parish Council Office

Great Linford House, 1 St Leger Court, Great Linford MK14 5HA

For further information tel **01908 606613** visit our website www.great-linford.gov.uk